



St Hilary's School

Intimate Care Policy

Including EYFS

INTRODUCTION

The Intimate Care Policy and Guidelines Regarding Children have been developed to safeguard children and staff. They apply to everyone involved in the intimate care of children. We actively promote democracy, the rule of the law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. These are fundamental British Values which underpin all that we offer, as does our School Moto 'Not for oneself but for all.'

DEFINITION

Intimate care may be defined as any activity required to meet the personal care needs of each individual child. Parents have a responsibility to advise staff of the intimate care needs of their child, and staff have a responsibility to work in partnership with children and parents.

Intimate care can include:

- Feeding
- Oral care
- Washing (This may include using a hand held shower in the nappy changing area)
- Dressing/undressing
- Toileting
- Menstrual Care
- Photographs
- Treatments
- Supervision of a child involved in intimate self-care

PRINCIPLES OF INTIMATE CARE

The following are the fundamental principles upon which the Policy and Guidelines are based:

- Every child has the right to be safe.
- Every child has the right to personal privacy.
- Every child has the right to be valued as an individual.
- Every child has the right to be treated with dignity and respect.
- Every child has the right to be involved and consulted in their own intimate care to the best of their abilities.

- Every child has the right to express their views on their own intimate care and to have such views taken into account.
- Every child has the right to have levels of intimate care that are as consistent as possible.

NAPPY CHANGING

General Welfare Requirement: Safeguarding and Promoting Children's Welfare.

St Hilary's School promotes the good health of the children, taking necessary steps to prevent the spread of infection, and takes appropriate action when children are ill.

No child is excluded from participating in St Hilary's Nursery who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. Staff work with parents towards toilet training, unless there is some reason why this may not be possible at this stage.

St. Hilary's has the appropriate equipment necessary and the hygiene practice in order to accommodate children who are not yet toilet trained. Staff see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

1. Staff have a list of children in their care who are in nappies or pull ups
2. Young children from two years should have pull ups as soon as they are comfortable with this.
3. All EYFS staff are responsible for nappy changing.
4. There must be other staff close by when nappy changing takes place
5. Changing areas are warm and there is a changing mat.
- 6 The mat is wiped between each changing and staff wear protective disposable aprons and gloves
7. There is a checklist posted in the changing area.
8. Children are encouraged to sit on the toilet.
9. Children are shown how to wash hands, using the dispensers and paper towels.
10. Staff do not make negative comments about nappy content or genitals.
11. Nappies are disposed of hygienically and are collected by a designated company regularly.
12. Parent must inform staff if they object to cream being applied as necessary.

Further information can be viewed in the 'Child Protection and Safeguarding Policy' and the 'Medical and First Aid Policy.'

Reviewed: June, 2019

Next review date: June, 2020

Person responsible: Mrs Gemma Mitchell